



The Purpose and Cycle of Life

This seminar explores the cycle of life from birth to death and back to birth. We consider the purpose of life and what we learn on our way. We consider what our life has given us and the lessons we have learnt.

Topics we will cover include:

- The purpose of Life
- What is our connection to God if any?
- What happens before we are born – what are our choices?
- Our journey on Earth – what have we gained by the good and bad experiences
- What happens when we die?
- Do we have help while we are here? Angels, spirit guides and masters
- Meditation to meet your spirit guide

A 3 hour seminar.