



From one to another to the World

Healer Training Program

This training course is based on Anne Jones's experiences as an energy healer for ten years. She shares the techniques and powerful healing symbols that she has been taught by her spirit guides and the ways that she has prepared herself to be open to the cosmic and universal energies that she currently channels for the benefit of her patients.

Each module can be taken individually, however a certificate will only be issued when the entire course has been attended.

MODULE ONE - OPENING TO CHANNEL

Preparation to be an energy healer

Session One

In this session we look at the journey you need to travel to become an effective energy healer and channel. You will be introduced to the basic healing techniques of clearing and energy transference you will receive a personal activation that will tune you to the universal energies of healing and a symbol to activate those energies at will. From that moment you will be able to channel healing energies.

- Preparation needed to be a healer – the power of intention and the importance of self healing.
- Cleansing your emotional, mental, physical and spiritual bodies
- Opening the heart – working with compassion – meditation
- Connecting to the Universal Energies of Healing
- **Attunement to the Universal Healing Energies of Love and Compassion given by Anne.**
- Overview of the energy body and chakras
- Thought forms and energy blocks
- Demonstration - Preparing yourself and your patient for a healing session - protection
- Demonstration - Clearing and releasing energy blocks – sweeping – practical demonstration and practise
- Demonstration - The healing symbol and transferring energies

Session Two - Basic Energy Healing in Practise

In this session you practise the healing techniques taught in Part One and learn more basic healing techniques including:

- The Healing Room – preparation
- The effects and outcomes of healing
- Chakra balancing
- Healing trouble spots
- Practise sessions

For bookings contact Anne on anne@annejones.org or in Hong Kong 852 2849 6670, and in Malaysia contact Jennifer Khoo on 03 7958 6289. For Anne's training schedule visit her website – www.annejones.org.