



# The Power of You to Heal the Root Cause

Healing Hidden Scars and Imprints

by  
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*Love is the Key*



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In this book I will share ways that you, as a healer, can connect and heal the subconscious and deepest memories, locked in at cellular level and find the cause of the physical, mental and emotional problems that are challenging your client. Something in the past will have wounded or damaged their heart or soul in some way. I have found that nearly all our problems come from experiences from the past that have to do with loss of love.

## Everyone can heal

Although I am writing this to help healers anyone can use these techniques to heal themselves or their friends. Every one of us has natural healing abilities that can lay dormant waiting for our intention to connect to them and use them. These skills are your birthright and do not need any activation other than your desire to heal and uplift your life and the lives of others.

The basic ingredient needed for healing is love. To heal you need to be open to love. Therefore, you need to firstly open your heart – then you can delve deeper and find what caused the closed heart, what caused the loss of spiritual energy (soul fragmentation), what caused the guilt, what caused the loss of faith, trust and ability to love.

Karma and vows often play a big part in creating our problems and we can clear these for ourselves and very often for others.

## Creating the environment to heal

As healers you create the space and the security to allow your client to relax and trust love, to feel love and know that it's safe to let go the imprints of the past, to open up and accept love and to feel energies that they may have been out of touch with for many lifetimes.

We will now look at ways that you can help them release these old imprints that were picked up in past lifetimes. We agreed to experience many challenges but forgot to see them for what they were – opportunities to grow and have held onto the suffering ever since!

It is time to release now – right now – your own past imprints and suffering and help others to do the same.

*Many of the techniques I will share here are described in more detail in my books *Opening Your Heart* and *The Soul Connection*- the CDs that accompany these books are my recordings of the guided visualisations from these books.*



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