



Couples Corner for November 2007

A friend of mine, a working mother of two small children, told me yesterday about a wonderful trip she recently took. For a couple of days she met up with a number of old girl friends and 17 of them went away together. They had an amazing time. Not because the place they went was that wonderful but because they were all released from their normal lives and were free of the responsibility that fills their lives. They were free from the demands and needs of husbands, children, school cake baking, school runs, domestic chores, financial juggling, parents needs, work demands and so on. They were free, totally free to laugh and share with friends in the same situation. They were frivolous and light and they had fun. They ate and drank and chatted into the night. What a wonderful healing experience for them all! Better than all the medicine in the world and just what jaded and overstretched mothers need. I believe mothers should do this at least twice a year and fathers too, of course – not to forget that Dads also feel the pressure of home and work. Each of you take off for a few days with friends and enjoy the company - laugh and have fun. Go and book your break now!

Love and blessings
Anne