



Couples Corner for January 2007

Short of money or fearful of success?

Do you find it difficult to find prosperity; do you feel blocked in your career and success elusive? Maybe your sex life is a struggle. Any of these situations could be direct result of a vow or a commitment that you have made some time in the past. I believe that our soul journeys many times to earth and that some of the experiences of our past come into this life to cause us distress, lack or challenges. One of the most powerful outcomes of a past life situation is a vow made with intensity, sincerity and passion from your heart. If you have problems with sex or money you may have been a monk and made the vows of chastity and poverty. If you struggle with your weight you may have made a vow never to be hungry again. If you were persecuted or punished for being a success by jealous rivals then you may have vowed never to be successful again. To revoke a vow simply sit quietly and still, breathe deeply four times then with your hand on your heart reverse whatever vow you have made by saying "I dissolve all vows that I have ever made that do not support my highest good" and repeat two more times. You will be amazed how this can help overcome some of your obstacles in life. If you believe that you have made a specific vow then reverse it by saying for example "I dissolve all vows that create lack of prosperity for me and I vow that I am now attracting abundance into my life". Just what you need for the New Year!!!

Love and blessings
Anne