



Healing Heart & Soul - Guilt & Fear



BOGHILL CENTRE, KILFENORA, CO CLARE, IRELAND

23-25 APRIL 2010

Two nights accommodation fully inclusive Euros 365.00
or Euros 250.00 includes refreshments/lunch/workshop

Based on my Book – The Soul Connection

In retreats we have the chance to go deep within and can achieve changes and healing that may otherwise take months if not years to complete. Join me in beautiful and supportive surroundings and let me help you let go the emotional and spiritual pain that prevents you living your life joyfully and to your greatest potential.

I have been helping and healing people around the world for over fifteen years and I know that once you step forward with the intention of healing and with the blessings of spirit we can work miracles together.

This workshop retreat is created to heal guilt, fear and pain caused by heartache and reconnect you to your spiritual essence – your true self. I will assist you to:

- Heal the emotional wounds caused by grief, guilt and fear
- Open your heart to love
- Clear karma and let go guilt
- Connect you to your intuition for personal guidance and wisdom
- reconnect to your free will and the ability to make choices for yourself
- Reclaim all aspects of yourself such as confidence and self esteem
- Heal the soul wounds that are the root cause of emotional and spiritual problems
- Develop your inner strength and empowerment
- Feel more at peace with yourself and your world
- Make a full connection to your higher self, an amazing source of love and wisdom

If you feel the need for help in any of these areas please join us.
Contact Brenda at brenda@annejones.org or UK mobile 07710 753498.

For more information on The Boghill Centre please visit www.boghill.com or telephone +353 65 7074644.

Visit my website: www.annejones.com Healing Heart & Soul - Trilogy for more details.

Love is the key

