



# Anne Jones & Helen Barton



## Beyond 2012 - Level 2

A One day Workshop  
London, Sunday 12<sup>th</sup> February 2012

### BEYOND 2012 – LEVEL TWO

This is the second of the three workshops devised, guided and introduction by John the Beloved, Ascended Master (channelled by Helen Barton) to assist you to step forward empowered into the new spiritual era.

Anne will help you to balance the energies of the Solar Logos and Planetary Body that you anchored in Level One bringing you into balance spiritually and physically, allowing you to gain the most benefit from these powerful energy forces in your daily life.

Helen will help you to use these to change mass consciousness to benefit the world and your role within it. Helen will help you to avoid developing health issues from energies not balanced or utilised and how to build on these energies in a practical and beneficial manner to assist Humanity.

Sealing energies – Helen

Open heart exercise – Anne

Spiritual connection exercise – Anne

Connection, utilisation and discussion – Anne

Choosing the Universal Being – Anne

Working with hesitation – Anne

What is balance? – Helen

Energy exercises – Helen

Understanding your role - Helen

Emotional Body as the link to the Soul – Helen

Working with Unity-Helen

Participants have 2 possibilities.

1. Purchase the video and work through it or with a facilitator and then attend the workshop at a reduced fee
2. Participants must attend Level One with Anne and Helen

- **Venue: Holiday Inn Kensington Forum, 97 Cromwell Road, London SW7 4DN**
- **Powell Suite, Academy Floor**
- **Cost: £120.00 – Early bird £100 applies if you book and pay before 20<sup>th</sup>. December**
- **10.00 am – 5pm Includes refreshments not lunch**
- **For bookings please contact Brenda on 07710 753498 or email [brenda@annejones.org](mailto:brenda@annejones.org)**

**Helen will be doing private sessions from 5<sup>th</sup>. February. Please contact Tony at [john@johnthebeloved.com](mailto:john@johnthebeloved.com) for details.**

Bless you

Anne & Helen